

STRONG
IS THE NEW
SEXY!

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TIPS / PERSONALIZED TOOLS / SUPPORT & INSPIRATION
FITMISS.COM



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6,426,361, 7,504,376 and 8,067,381, each of which is owned
by Natura Alternatives International, Inc. (NAI). NAI is
also the owner of the registered trademark, CarnoSyn®.

Advantra Z® is a registered trademark
of Nutratech, Inc / Zhishin, LLC.

Directions:

As a dietary supplement,
Mix stick-pack in 14-16 oz of water,
20-30 minutes before exercise.
For best results, drink a minimum of
1 gallon of water daily.

Supplement Facts

Serving Size: 6.7g (1 stick-pack)
Servings Per Container: 28

	Amount Per Serving	%DV
Calories	5	
Calories from fat	0	
Total Carbohydrates	1 g	0%
Sugars	0 g	†
Vitamin B6 (as Pyridoxine Hydrochloride)	25 mg	1300%
Calcium (as Calcium Silicate)	54 mg	5%
Magnesium oxide (60% magnesium)	200 mg	80%

Proprietary FitMiss Ignite Blend 6025 mg †
Carnosyn® Patented Beta Alanine, Choline Bitartrate, L-Tyrosine,
L-Glycine, Taurine, L-Carnitine Base, Beet Root Extract
(Beta vulgaris) (High in Nitrates), Hawthorn Berry Powder
(Crataegus pinnatifida) (Fruit), Agmatine Sulfate, Advantra Z™
(Citrus Aurantium) (Unripe Fruit Extract), Caffeine Anhydrous,
Hupeirine A 1% (Huperzia Serotia)

OTHER INGREDIENTS: Citric Acid, Natural & Artificial Flavors,
Sucralose, Acesulfame Potassium, Beta carotene (for color).

† Percent Daily Values (% DV) are based on a 2,000 calorie diet.
*Daily Value (% DV) not established.

ALLERGEN WARNING: This product was produced in a facility that
may also process ingredients containing milk, egg, soybeans, shellfish,
fish, tree nuts, and peanuts.

STORAGE CONDITIONS: Store in a cool dry place.

WARNING: This product is only intended for use by healthy adults over 18 years
of age. Do not take this product with any product containing caffeine or other
ingredients that have a known stimulant effect. Consult your physician before
using this product if you are taking any prescription or over the counter medications
or supplements. Do not use this product if you are pregnant, expect to become
pregnant or are nursing. Do not use this product if you are at risk or are being
treated for any medical condition including, but not limited to: high or low
blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease,
urinary disorder, psychiatric disease, diabetes, difficulty urinating due to prostate
enlargement or if you are taking a MAO inhibitor. Discontinue use and consult your
health care professional if you experience any adverse reaction to this product. Do
not exceed recommended serving size or suggested use. Do not use if safety seal
is broken or missing. **KEEP OUT OF REACH OF CHILDREN.**

CLINICALLY TESTED INGREDIENTS



IGNITE™

WOMEN'S PRE-WORKOUT + ENERGY BOOSTER

- INCREASED ENERGY & WORKOUT MOTIVATION*
- IGNITE FAT LOSS AND BUILD A LEAN PHYSIQUE*
- GREAT TASTING & CONVENIENT STICK-PACK*

DIETARY SUPPLEMENT
28 STICK-PACKS



Orange

NATURAL & ARTIFICIAL FLAVORS

PREPARE. FOCUS. ENERGIZE!

If motivation is even slightly a problem, then
a pre-workout energy drink is a great solution
and gives you that needed boost. But most of
these drinks are designed for men looking
to pack on muscle. So what about women?
We answered. Our energy drink brings
superior ingredients, beta-alanine, natural
amino acids like glycine and taurine, all
backed up by the fat-burning power of
L-carnitine and Advantra Z®.

This is FitMiss Ignite™.

DEFINITION!

Designed to support converting fat into energy,
improving endurance, & promoting healthy
body composition!

L-CARNITINE:

- Boost your body's ability to burn fat*
- Fat Metabolizer & Energizer!
- May Delay Muscle Fatigue*

ADVANTRA Z®:

- A thermogenic with muscle supporting
functions. It also energizes.*
- Recent studies show Advantra Z® increases
food's thermal effect, especially in women.*†
- After decades of research, Advantra Z®
changes the way your body metabolizes fat.*

BETA-ALANINE:

- Clinically proven University study shows that
beta-alanine may delay the onset of
neuromuscular fatigue during sub-maximal
cycling and may increase time to exhaustion
in women.*
- Improves your workout & helps build
a lean physique.*
- FitMiss Ignite uses patented CarnoSyn®
beta-alanine for best-in-category quality and
superior results.*

*<http://get-advantra-z.com/clinical.cfm>