SUGGESTED USE: As a dietary supplement, take 1 capsule in the morning with or without food.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Developed and distributed by Dr. Eric Berg DC

To reorder: shop.drberg.com (800) 816-8184

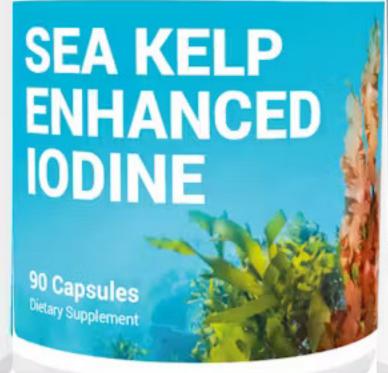
Dr. Berg Nutritionals

4501 Ford Avenue, Alexandria, VA 22302

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.



Dr. Berg® THE KNOWLEDGE DOC



Supplement Facts

Serving size: 1 capsule Servings per container: 90

Amount %DV* per Serving lodine 200 mcg 133%

Proprietary blend 195 mg ** Red marine algae (Porphyra umbilicalis).

Klamath blue-green algae (Aphanizomenon flos-aquae), sea kelp (Laminaria digitata)

*Percent Daily Values are based on a 2000 calorie diet.

**Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetable capsule, magnesium stearate