SUGGESTED USE: As a dietary supplement, take 2 capsules per day with food.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.

Developed and distributed by Dr. Eric Berg DC

To reorder: shop.drberg.com (800) 816-8184

Dr. Berg Nutritionals

⁴⁵⁰¹ Ford Avenue, Alexandria, VA 22302





THE KNOWLEDGE DOC



Supplement Facts

Serving size: 2 capsules Servings per container: 30

Amount per Serving %DV* Folate 260 mcg DFE 64% (as 5-methyltetrahydrofolate) Proprietary blend 845 mg Choline bitartrate, milk thistle extract (Silybum marianum), ox bile extract, SAM-e (S-adenosylmethionine), turmeric root extract (95% curcumins), coenzyme Q10, astaxanthin, Bioperine® black pepper extract (95% piperine)

*Percent Daily Values are based on a 2000 calorie diet. **Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian capsule, silicon dioxide