

SUGGESTED USE: As a dietary supplement, take 3 capsules per day.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.

Developed and distributed by
Dr. Eric Berg DC

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Rev. US 00



Dr. Berg®

THE KNOWLEDGE DOC

ASHWAGANDHA WITH BLACK PEPPER

Maximum strength
1500 mg of ashwagandha

90 Capsules
Dietary Supplement



Supplement Facts

Serving size: 3 capsules
Servings per container: 30

Amount per Serving %DV*		
Organic ashwagandha root powder (freeze-dried)	900 mg	**
Ashwagandha root extract (1.5% withanolides)	600 mg	**
Bioperine® (black pepper extract) (<i>Piper nigrum</i>) (standardized to contain 95% piperine)	6.7 mcg	**

*Percent Daily Values are based on a 2000 calorie diet.
**Daily Value not established.

Other ingredients: Vegetable capsule, microcrystalline cellulose, magnesium stearate (vegetable source)

