

SUGGESTED USE: As a dietary supplement, take 1 capsule per day.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE, WITH A LID.

Developed and distributed by Dr. Eric Berg DC
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Dr. Berg Nutritionals
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Rev. US 00



ADRENAL & CORTISOL SUPPORT

Promotes relaxation,
natural calming effect†

60 Capsules
Dietary Supplement

Supplement Facts

Serving size: 1 capsule
Servings per container: 60

	Amount per Serving	%DV*
Vitamin C (from zinc ascorbate, magnesium ascorbate)	13 mg	14%
Magnesium (from magnesium ascorbate)	2 mg	<1%
Zinc (from zinc ascorbate)	2 mg	18%
Selenium (from selenomethionine)	25 mcg	45%
Manganese (from manganese citrate)	1 mg	43%
Chromium (from chromium polynicotinate)	100 mcg	285%
Chloride (from potassium chloride)	8 mg	<1%
Potassium (from potassium chloride, potassium citrate, potassium aspartate)	33 mg	<1%
Proprietary blend	535 mg	**
Nutritional yeast, ashwagandha root extract (<i>Withania somnifera</i>), camu camu juice powder, holy basil leaf powder (<i>Ocimum tenuiflorum</i>), <i>Rhodiola rosea</i> root extract, <i>Rehmannia</i> root powder (<i>Rehmannia glutinosa</i>)		

*Percent Daily Values are based on a 2000 calorie diet.
**Daily Value not established.

Other ingredients: Vegetable capsule, microcrystalline cellulose, magnesium stearate (vegetable source)