

**Suggested Use:** Take 1 capsule with water as needed, up to 3 capsules per day.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 25

| Amount Per Serving                                                                                                                         | % DV      |
|--------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>Digestive Enzyme Blend</b>                                                                                                              | 75 mg **  |
| Amylase (1,500 DU), Cellulase (1,250 CU), Hemicellulase (1,250 HCU),<br>Lactase (750 ALU), Alpha Galactosidase (600 GalU), Lipase (500 LP) |           |
| Dandelion Extract (leaf)                                                                                                                   | 100 mg ** |
| Fennel Extract (seed)                                                                                                                      | 100 mg ** |
| Ginger Extract (root)                                                                                                                      | 50 mg **  |
| ** Daily Value (DV) not established.                                                                                                       |           |

**Other Ingredients:** Microcrystalline Cellulose, Hypromellose, Maltodextrin, Magnesium Stearate, Silica, Titanium Dioxide.

**CONTAINS:** Soy, Milk, Wheat

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Processed in a facility with products  
that may contain egg, peanuts, tree

nuts, fish, shellfish and sesame.

Take only as directed. Do not exceed  
suggested use. If you have a medical  
condition or are pregnant or nursing,  
consult a qualified health care  
professional before using. Not intended  
for use in children. Do not use if inner  
seal or shrink wrap is torn or missing.

**KEEP OUT OF THE REACH OF CHILDREN.**  
Store in a cool, dry place.



### LET'S BREAK IT DOWN

- Helps reduce discomfort caused by occasional digestive woes & gas<sup>†</sup>
- Supports digestive comfort<sup>†</sup>\*
- For a less bloated stomach<sup>†</sup>\*
- Give your digestion a little boost<sup>\*</sup>

<sup>†</sup>Associated with occasional bloating.

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No Synthetic Flavors



Easy to Swallow



Vegetarian

# BEAT THE BLOAT<sup>®</sup>

Promotes Digestive Support  
for a Less Bloating Stomach<sup>†</sup>\*

Digestive Enzymes, Dandelion,  
Ginger & Fennel

**25**  
CAPSULES

DIETARY SUPPLEMENT

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED  
BY THE FOOD AND DRUG ADMINISTRATION. THIS  
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,  
CURE OR PREVENT ANY DISEASE.



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