

Bluebonnet's Calcium Magnesium 1:1 Vegetable Capsules are formulated with a 1:1 ratio of calcium in a chelate of calcium citrate and malate, along with magnesium from fully reacted magnesium aspartate for strong, healthy bones. ♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame. Also free of corn, gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value. Bluebonnet's KOF-K Certification #K-0000700
Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



Calcium Magnesium 1:1 Ratio

Bone Health ♦



Dietary Supplement **180** Vegetable Capsules

Directions: As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 90

Amount Per Serving		% Daily Value
Calcium (as citrate, malate)	250 mg	19%
Magnesium (as magnesium aspartate)	250 mg	60%

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by
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