

Support optimal brain, eye, and nervous system function.\*

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**TAMPER RESISTANT:** DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.**

**MANUFACTURED BY:**  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Herbal health  
Since 1994



# DHA Algae Oil Complex Capsules

DIETARY SUPPLEMENT

# DHA

90 CAPSULES

Maintain Health  
Regulate Physical Function



Esmondnatural  Integrated health

## Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving           | %Daily Value |     |
|------------------------------|--------------|-----|
| DHA Algal Oil                | 200 mg       | *   |
| Uttara                       | 5 mg         | *   |
| Vitamin C (as Ascorbic Acid) | 50 mg        | 80% |
| Black fruit                  | 50 mg        | *   |

\*Daily Value not established.

## OTHER INGREDIENTS:

Gelatin, Dicalcium Phosphate. Contains <2% of: Silica, Vegetable Magnesium Stearate.

## DIRECTIONS:

For adults, take one to two (1-2) capsules daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.