

*May help to built immunity.\**

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.**

**TAMPER RESISTANT:** DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

**MANUFACTURED BY:**  
Esmond Natural Inc.  
Irwindale, CA 91706, USA  
[www.esmondnatural.com](http://www.esmondnatural.com)



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Herbal health  
Since 1984



# Cod Liver Oil 1000mg

DIETARY SUPPLEMENT

Maintain Health  
Regulate Physical  
Function



Supplement Facts	
Serving Size 1 Softgel	
Amount Per Serving	%Daily Value
Vitamin A (as Cod Liver Oil and Retinyl Palmitate)	2,664 IU 53%
Vitamin D (as Cod Liver Oil and Cholecalciferol)	200 IU 50%
Cod Liver Oil (Eicosapentaenoic Acid (EPA) 110 mg & Docosahexaenoic Acid (DHA) 100 mg)	1,000 mg *
*Daily Value not established.	

**OTHER INGREDIENTS:**

Gelatin, Dicalcium Phosphate. Contains <2% of: Silica, Vegetable Magnesium Stearate.

**DIRECTIONS:**

For adults, take one (1) softgel daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.