

Stress & Gut Health

Supplement Facts

Serving Size One Tan Filled Capsule		
Amount Per Serving	% Daily Value	
Ashwagandha (<i>Withania somnifera</i>) Root and Leaf Extract	240 mg	*
(Standardized to 35% Glycowithanolides = 84 mg)		
L-Theanine	200 mg	*
DigeSEB® Digestive Enzyme Blend (Protease, Amylase, Cellulase & Lipase)	100 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Hypromellose (Capsule), Maltodextrin, Magnesium Stearate, Silicon Dioxide, Microcrystalline Cellulose.



ACTUAL SIZE

Fish Oil Mini

Supplement Facts

Serving Size One Yellow Softgel Capsule		
Amount Per Serving	% Daily Value	
Calories	5	
Total Fat	0.5 g	<2%†
Total Omega-3s	533 mg	*
Total EPA + DHA	500 mg	*
Eicosapentaenoic Acid (EPA)	367 mg	*
Docosahexaenoic Acid (DHA)	134 mg	*
Other Omega-3s	33 mg	*

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Fish Oil, Gelatin, Glycerin, Purified Water, Natural Lemon Flavor, Tocopherols (Preservative), Soybean Oil.

CONTAINS: Soybeans and Fish (Anchovy, Mackerel, Whiting, Pollock, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).



ACTUAL SIZE

GNC

MEGA
MEN®

Stress Relief

VITAPAK® PROGRAM



STRESS
MANAGEMENT

COGNITIVE
SUPPORT

GUT
HEALTH

OVERALL
WELLNESS

OPEN
HERE

Customized support to manage everyday stress and related concerns.

- ✓ **STRESS MANAGEMENT** L-theanine helps you relax and clinically studied Shoden® ashwagandha targets cortisol.*
- ✓ **COGNITIVE SUPPORT** EPA/DHA omega-3s provide cognitive and nervous system support.*
- ✓ **GUT HEALTH** DigeSEB® digestive enzyme blend helps ease digestion and omega-3 fatty acids support a healthy gut.*
- ✓ **OVERALL WELLNESS** Our Men's Multivitamin is clinically proven to boost stress defense nutrients and fill nutritional gaps.**



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

MEGA
MEN®

Stress Relief

VITAPAK® PROGRAM

WITH OUR PROVEN MULTIVITAMIN*

Science-Backed Formulations for:

- Stress & Cortisol Management*
- Cognitive Support*
- Gut Health*



DIETARY SUPPLEMENT

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30 PACKS/30-DAY SUPPLY

CODE 2220680

DIRECTIONS: As a dietary supplement, for optimal results, take the contents of one pack in the evening with food.

Each pack contains:

Mega Men® Multivitamin

Supplement Facts

Serving Size Two Beige Caplets		
Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%
Vitamin D (as Cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg	134%
Vitamin K (as Phytonadione)	80 mcg	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	3846%
Niacin (as Niacinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate (Folic Acid 400 mcg)	680 mcg DFE	170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Phosphate, Dicalcium Phosphate, Calcium d-Pantothenate)	210 mg	16%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	120 mg	29%
Zinc (as Zinc Oxide)	25 mg	227%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Cupric Sulfate)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%

Fruit & Vegetable Blend	62.5 mg	*
Orange Powder, Acai Fruit Powder, Cranberry Powder, Blueberry Fruit Powder, Pomegranate Fruit Powder, Strawberry Powder, Hawthorn Berry Powder, Elderberry Powder, Grape Powder, Tomato Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Pumpkin Seed Powder, Apple Fruit Powder, Beet Root Powder		
alpha-Lipoic Acid	25 mg	*
Inositol	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Saw Palmetto (<i>Serenoa repens</i>) Berry Powder	3 mg	*
Pumpkin (<i>Cucurbita pepo</i>) Seed Powder	3 mg	*
Lycopene	3 mg	*
Boron (as Sodium Borate)	2 mg	*
Lutein (as Marigold [<i>Tagetes erecta</i>] Flower Extract)	2 mg	*

Amount Per Serving	% Daily Value	
Zeaxanthin (as Zeaxanthin Isomers from Marigold [<i>Tagetes erecta</i>] Flower Extract)	400 mcg	*
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose and Less than 2%: Ascorbyl Palmitate, BHT (Preservative), Caramel (Color), Corn Oil, Corn Starch, Gelatin (Porcine), Glucose Syrup, Gum Arabic, Hydroxypropylcellulose, Magnesium Stearate, Maltodextrin, Medium Chain Triglycerides, Natural Vanilla Mint Flavor, Pea Starch, Polyethylene Glycol, Polyvinyl Alcohol, Sodium Alginate, Sodium Ascorbate, Stearic Acid, Stevia Leaf Extract, Sugar, Talc, Titanium Dioxide (Mineral Whitener), Tocopherols (Preservative), Tricalcium Phosphate.

CONTAINS: Soybeans.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

ACTUAL SIZE