

KEEP OUT OF REACH OF
CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

See carton for related information.



GNC

**MEGA
MEN[®]**

**Prostate
& Virility**

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN BLEND[^]

- With 40 mcg (1600 IU) of vitamin D-3 for colon health & immune support^{*}

Timed-Release

90 CAPLETS
45-DAY SUPPLY



CLINICALLY
STUDIED[^]

^{*} This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 200410

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A.....1500 mcg.....167%	
(50% as beta-Carotene, 50% as Acetate)	
Vitamin C.....300 mg.....333%	
(as Ascorbic Acid & Calcium Ascorbate)	
Vitamin D.....40 mcg (1600IU).....200%	
(as Cholecalciferol D-3)	
Vitamin E.....22.1 mg.....147%	
(as Natural d-alpha Tocopheryl Acetate)	
Vitamin K (as Phytonadione).....80 mcg.....67%	
Thiamin (Vitamin B-1).....50 mg.....4167%	
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2).....50 mg.....3846%	
Niacin.....50 mg.....313%	
(as Niacinimide & Niacin)	
Vitamin B-6.....50 mg.....2941%	
(as Pyridoxine Hydrochloride)	
Folate.....667 mcg DFE.....167%	
(400 mcg Folic Acid)	
Vitamin B-12.....50 mcg.....2083%	

Amount Per Serving	% Daily Value
(as Cyanocobalamin)	
Biotin.....300 mcg.....1000%	
Pantothenic Acid.....50 mg.....1000%	
(as Calcium d-Pantothenate)	
Choline (as Choline Bitartrate).....10 mg.....2%	
Calcium.....200 mg.....15%	
(as Calcium Carbonate & Dicalcium Phosphate)	
Iodine (as Potassium Iodide).....150 mcg.....100%	
Magnesium (as Magnesium Oxide) 100 mg.....24%	
Zinc (as Zinc Oxide).....25 mg.....227%	
Selenium.....200 mcg.....364%	
(as L-Selenomethionine)	
Copper (as Cupric Oxide).....2 mg.....222%	
Manganese.....2 mg.....87%	
(as Manganese Sulfate)	
Chromium.....120 mcg.....363%	
(as Hydrolyzed Protein Chelate)	
Molybdenum.....75 mcg.....167%	
(as Sodium Molybdate)	
Saw Palmetto Berries.....100 mg.....*	
(Serenoa repens)	
Pumpkin Seed Meal.....60 mg.....*	
(Cucurbita spp.)	

Amount Per Serving	% Daily Value
Yohimbe Bark Extract.....50 mg.....*	
(Pausinystalia yohimbe)(2% Yohimbine Alkaloids = 1 mg)	
alpha-Lipoic Acid.....25 mg.....*	
Horny Goat Weed Powder.....20 mg.....*	
(Epimedium sagittatum)	
Maca Root Powder.....20 mg.....*	
(Lepidium meyenii)	
L-Arginine.....10 mg.....*	
(as L-Arginine Hydrochloride)	
Inositol.....10 mg.....*	
Silica (as Silicon Dioxide).....4 mg.....*	
Boron.....2 mg.....*	
(as Hydrolyzed Protein Chelate)	
Lutein.....950 mcg.....*	
Lycopene.....950 mcg.....*	
Zeaxanthin.....190 mcg.....*	
(as Zeaxanthin Isomers)	
Astaxanthin.....50 mcg.....*	
(from Haematococcus pluvialis)	
Vanadium.....10 mcg.....*	
(as Sodium Metavanadate)	

^{*} Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropylcellulose, Hydroxypropyl Methylcellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Ethyl Vanillin, Titanium Dioxide (Mineral Whitener), Caramel Color, Polyethylene Glycol, Talc. **CONTAINS:** Soybeans, Fish (Anchovy, Mackerel, Pollock, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof). **Distributed by:** GNC Holdings, LLC, Pittsburgh, PA 15222 USA. Contains a bioengineered food ingredient. **WARNING:** Do not exceed recommended daily intake. Use only as directed. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.