High Potency EPA & DHA

Supplement Facts

Serving Size One Light Yellow Softgel Capsule

Amount Per Serving		% Daily Value
Calories	15	
Total Fat	1.5 g	2%†
Total Omega-3 Fatty Acids	1065 mg	*
Total EPA + DHA	1000 mg	*
Eicosapentaenoic Acid (EPA)	734 mg	*
Docosahexaenoic Acid (DHA)	267 mg	*
Other Omega-3s	64 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

INGREDIENTS: Fish Body Oil, Gelatin (Bovine), Glycerin, Purified Water, Natural Flavors.

CONTAINS: Soy and Fish (Anchovy, Mackerel, Whiting, Pollock, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

ACTUAL SIZE

Circulatory Health

Supplement Facts

Serving Size One White Capsule

Amount Per Serving	
L-Arginine	250 mg*
L-Citrulline	100 mg*
trans-Resveratrol	30 mg*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Gelatin, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener).

ACTUAL SIZE

⚠WARNING: Cancer and Reproductive Harm — www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

Men's Prostate

Supplement Facts

Serving Size One Dark Brown Softgel Capsule

Amount Per Serving	
Saw Palmetto (*Serenoa repens*) Fruit Extract (Standardized to 85% Fatty Acids = 136 mg)	160 mg*

* Daily Value not established.

OTHER INGREDIENTS: Olive Oil, Gelatin (Bovine), Glycerin, Purified Water, Caramel Color.

ACTUAL SIZE

Vitality & Sexual Health

Supplement Facts

Serving Size One Beige Filled Capsule

Amount Per Serving	
Maca (*Lepidium meyenii*) Root Powder	450 mg*
Eleuthero (*Eleutherococcus senticosus*) Root Extract	12.5 mg*
Horny Goat Weed (*Epimedium spp.*) Whole Plant Extract	12.5 mg*
Pumpkin (*Cucurbita spp.*) Seed Powder	12.5 mg*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin (Bovine and/or Porcine), Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source.

ACTUAL SIZE

resVida® is a trademark of DSM.

No Artificial Flavors, Gluten Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information: 1-888-462-2548, GNC.com

GLUTEN FREE

GNC

MEGA MEN®

Performance & Vitality

VITAPAK® PROGRAM

Formulated with premium ingredients for optimal performance and vitality to help you be at your best plus, foundational nutrients for wellness.

- **MEN'S HEALTH** Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin.^
- **CIRCULATION** Features clinically studied resVida® resveratrol to enhance blood vessel dilation. Also has ingredients to help maintain blood vessel tone.*
- **PROSTATE & SEXUAL HEALTH** Includes lycopene and saw palmetto to support prostate health.* Also has L-arginine, which plays a key role in sexual health.*
- **OVERALL WELLNESS** Helps support joint and cardiovascular health as well as cholesterol levels that are already in the normal range with omega-3s from fish oil.* Also, packed with antioxidants for cell protection and immune support.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

MEGA MEN®

Performance & Vitality

VITAPAK® PROGRAM

WITH OUR PROVEN MULTIVITAMIN BLEND^

- Circulation Support*
- Prostate & Sexual Health*
- Overall Health & Wellness*

DIETARY SUPPLEMENT

30 PACKS/30-DAY SUPPLY

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 219812 JYG-333

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:

Mega Men® Multivitamin

Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene & as 50% Retinyl Acetate)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%
Vitamin D (as Cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg	134%
Vitamin K (as Phytonadione)	80 mcg	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	3846%
Niacin (as Niacinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate	680 mcg DFE (Folic Acid 400 mcg)	170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Carbonate, Dicalcium Phosphate & Calcium d-Pantothenate)	210 mg	16%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	120 mg	29%
Zinc (as Zinc Oxide)	25 mg	227%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Cupric Sulfate)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
Fruit & Vegetable Blend	**62.5 mg**	*
Orange Fruit Powder, Acai Fruit Powder, Cranberry Powder, Blueberry Fruit Powder, Pomegranate Fruit Powder, Strawberry Fruit Powder, Hawthorn Berry Powder, Elderberry Powder, Grape Fruit Powder, Tomato Fruit Powder, Carrot Root Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Flower Powder, Pumpkin Seed Powder, Apple Fruit Powder, Beet Root Powder		
alpha-Lipoic Acid	25 mg	*
Inositol	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Saw Palmetto (*Serenoa repens*) Berry Extract	3 mg	*
Pumpkin (*Cucurbita spp.*) Seed Powder	3 mg	*
Boron (as Sodium Borate)	2 mg	*
Lutein (from Marigold [*Tagetes erecta*] Flower Extract)	2 mg	*
Lycopene	3 mg	*
Zeaxanthin (as Zeaxanthin Isomers from Marigold [*Tagetes erecta*] Flower Extract)	400 mg	*
Astaxanthin (from *Haematococcus pluvialis*)	50 mg	*
Vanadium (as Sodium Metavanadate)	10 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Polyvinyl Alcohol, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Talc, Polyethylene Glycol, Natural Vanilla Mint Flavor, Caramel (Color), Steviol Glycosides.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Whiting, Pollock, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by:
GNC Holdings, LLC
Pittsburgh, PA 15222 USA

Contains bioengineered food ingredients.

ACTUAL SIZE

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.