Each serving of Power Whey?\*\* mixes easily in any cold liquid. Its smooth, creamy chocolate flavor makes it a great stand-alone product or base for any health shake or smoothie.

Each serving of **Power Whey™** contains 21 grams of protein from rBST free‡ whey locally sourced from New York and New England dairy farmers. Each serving also includes 2 grams of added fiber from Fibersol®-2 (a water-soluble digestion resistant fiber).

‡No significant difference has been shown between milk derived from rbST-treatedand non-rbST-treated cows.

Color, flavor and sweetness of this product may vary due to variations of natural ingredients.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Keep out of reach of children. Store in a cool, dry place. If inner seal is broken, do not use.

This product is packaged by weight, not by volume. Some settling may occur.

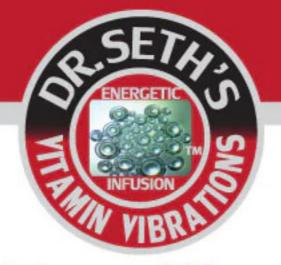
Fibersol® is a registered Trademark of ADM/Matsutani LLC and Matsutani Chemical Industry Co.LTD. Fibersol®-2 is a soluble dietary fiber produced by ADM/Matsutani LLC.







02TU108.030



## **P**OWER WHEY™

## CREAMY CHOCOLATE

WHEY PROTEIN CONCENTRATE WITH 2 GRAMS
OF ADDED FIBER PER SERVING



A DIETARY SUPPLEMENT

30 SERVINGS / NET WT. 1.09 KG (2.4 LBS)

Suggested Use: As a dietary supplement, mix one heaping scoop (36.4 g) daily in 6-8 ounces of water, milk substitute or your favorite beverage, or as directed by your healthcare practitioner. For best results, serve cold and use shaker or blender.

## Supplement Facts

Serving Size 36.4g (1 heaping scoop) Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 140	
Total Fat 2 g	3%†
Saturated Fat 1 g	5%†
Cholesterol 60 mg	20%†
Sodium 40 mg	2%
Total Carbohydrates 8 g	3%†
Dietary Fiber** 5 g	18%†
Protein 23 g	46%†
Calcium 270 mg	21%
Iron 1.4 mg	8%
Whey Protein Concentrate 28 g	
Digestion Resistant Maltodextrin	
(Fibersol®-2 brand) 2 g	
Stevia Leaf Extract 135 mg	*
Percent Daily Values are based on a 2,000 - ca Daily Value not established.	lorie diet.

Other Ingredients: cocoa powder, guar gum, natural chocolate flavor, natural French vanilla flavor.

1	Typical amino acid profile per serving.***		
١	Isoleucine	1.34 g	
١	Leucine	2.18 g	
ı	Lysine	1.93 g	
1	Methionine	0.38 g	
ı	Phenylalanine	0.67 g	
ı	Threonine	1.34 g	
1	Tryptophan	0.44 g	
1	Valine	1.24 g	
1	Histidine	0.36 g	
1	Alanine	1.00 g	
1	Arginine	0.48 g	
1	Aspartic Acid	2.21 g	
1	Cysteine/cystine	0.25 g	
	Glutamic Acid	3.78 g	
1	Glycine	0.46 g	
1	Proline	1.32 g	
۱	Serine	1.09 g	
1	Tyrosine	0.50 g	
.	Tyrosine	0.50 g	
ı	Typical protein profile per s	serving.***	
١	Alpha-Lactalbumin	4.33 g	
ı	Beta-Lactoglobulin	10.41 g	

\*\*\*Typical amino acid and protein values are an average representation of samples taken across the manufacturing process.

Bovine Serum Albumin

Lactoferrin

Contains: Milk.

0321B

1.37 g 1.46 g

0.91 g

0.09 a

<sup>\*\*</sup>Dietary fiber from digestion resistant maltodextrin was tested using AOAC method #2009.01. Alternatively, AOAC method 2001.03 could be used.