

SUGGESTED USE:

As a dietary supplement take 2 level scoops in 4-8 oz. of water or juice immediately after your workout or daily including rest days

You should always consult your Primary Care Physician before taking this or any other nutritional supplement

Discontinue use and consult your physician if adverse reaction occurs and please call (559) 366-2878

This product is manufactured to meet or exceed the latest GMP (Good Manufacturing Practices) standards.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



MECHANIX

Post Workout

Dietary Supplement
31 Servings

Supplement Facts:

Serving Size: 2 Level Scoops

Servings Per Bottle: 31

Amount Per Serving	% Daily Value
Vitamin B-6 (Pyridoxine)	.54 mg 27 %

Proprietary Essential and Non-Essential
Amino Acid Blend 5950 mg *

Beta Alanine	L-Methionine
Creatine Monohydrate	L-Ornithine
L-Arginine- Alpha-	L-Phenylalanine
Ketoglutarate 2:1	L-Proline
L-Aspartic Acid	L-Serine
L-Glutamic Acid	L-Taurine
L-Glutamine	L-Threonine
L-Glycine	L-Tryptophan
L-Histidine	L-Tyrosine
L-Isoleucine	L-Valine
L-Leucine	N-Acetyl L-Cysteine
L-Lysine	

* Daily value not established.

NO EXCEPIENTS OR FILLERS USED.

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14685 Whitesbridge Ave Kerman, CA 93630

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