4-IN-1 PACK

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Manganese (as Manganese Sulfa

Chloride (as Potassium Chloride

inkao biloba Leaf Extract.

otassium (as Potassium Chloride)

Zeaxanthin (as Zeaxanthin Isomers

\* Daily Value not established.

from Marigold (Tagetes erecta) Flower Extract)

### Mega Men® Essentials 50 Plus One Daily

## Supplement Facts

Amount Per Serving . 1050 mcg RAE ... Vitamin A (as Retinyl Acetate Vitamin C (as Ascorbic Acid) Vitamin D (as Cholecalciferol

tamin K (as Phytonadione)	60 mcg	5
niamin (Vitamin B-1) (as Thiamin Mononitrat	e) 4.95 mg	413
iboflavin (Vitamin B-2)		
iacin (as Niacinamide)	22 mg	131
tamin B-6 (as Pyridoxine Hydrochloride)	6.6 mg	381
plate	1020 mcg DFE	25
(600 n	ncg Folic Acid)	
tamin B-12 (as Cyanocobalamin)	110 mcg	4583
iotin	300 mcg	100
antothenic Acid (as Calcium d-Pantothenate)		
alcium (as Calcium Carbonate, Calcium	250 mg	1!
d-Pantothenate & Dicalcium Phosphate)		
dine (as Potassium Iodide)	150 mcg	10
lagnesium (as Magnesium Oxide)	125 mg	3
inc (as Zinc Oxide)	30 mg	27
elenium (as L-Selenomethionine)	120 mcg	21
onner (as Cunric Oxide)	2 mg	22

## Fish Oil Mini

# Supplement Facts

Amount Per Serving	% Daily Valu	
Calories	5	
Total Fat	0.5 g	<29
Total Omega-3s	533 mg	
Total EPA + DHA	500 mg	
Eicosapentaenoic Acid (EPA)	367 mg	
Docosahexaenoic Acid (DHA)	134 mg	
Other Omega-3s	33 mg	

OTHER INGREDIENTS: Fish Oil, Gelatin, Glycerin, Purified Water, Natural Lemon



CONTAINS: Soybeans and Fish (Anchovy, Mackerel, Whiting, Pollock, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).



30 PACKS/30-DAY SUPPLY

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

**ESSENTIALS** 

50 Plus

Heart & Brain Health\*

DIETARY SUPPLEMENT

Prostate & Sexual Support\*

**VITAPAK° PROGRAM** 

WITH A TARGETED MULTIVITAMIN

Daily Wellness & Immune Health\*

Whitener), Tocopherols, Tricalcium Phosphate, Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA Contains a bioengineered food ingredient

ACTUAL SIZE

## Supplement Facts Supplement Facts

Amount Per Serving

Arginine (as L-Arginine)

Silicon Dioxide, Maltodextrin

CONTAINS: Wheat.

Maca (Lenidium meyeni) Boot Powder

t Straw (Avena sativa) Stem Powde

ohimbe (Pausinystalia johimbe) Bark Extract

Saw Palmetto (Serenoa repens) Berry Powder \* Daily Value not established

orny Goat Weed (Enimedium sagittatum) Aerial Parts Powde

Stearic Acid Vegetable Source, Purified Water, Magnesium Stearate Vegetable Source

luira Puama (Ptychopetalum olacoides) Bark Powder Damiana (Turnera diffusa) Leaf Powder

amma-Aminobutyric Acid (GARA)

Proprietary Blend

Amount Per Serving Saw Palmetto (Serenoa repens) Berry Extract (85% Fatty Acids = 136 mg) \* Daily Value not established. OTHER INGREDIENTS: Olive Oil, Gelatin, Glycerin, Purified Water. Caramel Color.



# GNC

100 mg\*

ACTUAL SIZE











ESSENTIALS

## 50 Plus **VITAPAK° PROGRAM**

Everyday Essentials for Men 50 and Over

**DAILY WELLNESS** Includes a multivitamin providing 18 vitamins and minerals at 100% daily value or higher.

**HEART & BRAIN HEALTH** Supports the cardiovascular system, eye, brain and joint health plus cholesterol levels that are already in normal range with EPA/DHA Omega-3s.\*

IMMUNE HEALTH Packed with antioxidants for cell protection and immune support.

PROSTATE & SEXUAL HEALTH Features key ingredients for sexual health and saw palmetto to support normal prostate function and healthy urinary flow.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

△WARNING: Cancer and Reproductive Harm — www.P65Warnings.ca.gov Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test

No Artificial Flavors. KEEP OUT OF REACH OF CHILDREN Store in a cool, dry place.

For More Information 1-888-462-2548 GNC.com

Niacin may cause a temporary flushing reaction.

ourchase, return the unused portion of the product with your receipt within 30 days and we'll either return your money or find a replacement product that is right for you