Color of this product may vary due to color variations of the natural ingredients.

Warning: If pregnant, nursing, or planning to become pregnant do not take this product.

Keep out of reach of children. Store in a cool, dry place.

DIM® is a Registered trademark of, and is licensed from, BioResponse, LLC, Boulder CO.

HMRlignan™ is a trademark used under sublicense from Linnea S. A.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.







Power Estro Balance **

A DIETARY SUPPLEMENT TO SUPPORT HEALTHY ESTROGEN METABOLISM AND HORMONAL BALANCE*





60 CAPSULES

Suggested Use: As a dietary supplement, take 2 capsules daily, or as directed by your healthcare practitioner.

Supplement Facts Serving Size 2 Capsules Servings Per Container 30 Amount Per Serving % Daily Value Vitamin D3 (as Cholecalciferol) 25 mcg (1,000 IU) 125% Vitamin E (as d-alpha Tocopheryl Succinate) 33.5 mg 223% Calcium (as Ca D-Glucarate) 50 mg 4%

OIM ® (a proprietary enhanced bioavailability complex of starch, diindolylmethane, Vitamin E as tocophersolan, phosphatidylcholine, silica.) 100 mg Green Tea (Camellia sinensis) Leaf Extract 250 mg yielding EGCG 175 mg HMRlignan™ (a Norway Spruce (Picea abies) Standardized Lignan Extract) 30 mg Trans-Resveratrol

(from Polygonum cuspidatum Root Extract) 50 mg

*Daily Value not established.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, silica, vegetarian leucine.