Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Keep out of reach of children. Store in a cool, dry place.









POWER ENERGY-MULTI

MULTIPLE VITAMIN/MINERAL SUPPLEMENT



60 CAPSULES

Suggested Use: As a dietary supplement, take one capsule daily with food, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

Amount Per Serving % Daily	Value
Vitamin A (as 50% Retinyl Acetate, 50% Mixed Carotenoids) 1,050 mog	117%
	167%
	250%
	134%
Vitamin K2 (as Menaguinone-7) 50 mcg	42%
	417%
Riboflavin (as Riboflavin 5-Phosphate) 3.5 mg	269%
Niacin (as Niacinamide) 20 mg	125%
Vitamin B6 (as Pyridoxal 5-Phosphate) 5 mg	294%
Folate (as L-Methy/tetrahydrofolate Calcium) 400 mog DFE	100%
	883%
Biotin 300 mgg 1	000%
Pantothenic Acid (as Ca Pantothenate) 10 mg	200%
Choline (as Choline Bitartrate) 25 mg	5%
lodine (as K lodide) 150 mog	100%
	227%
Selenium (as Selenomethionine) 50 mg	91%
Manganese (as Mn Citrate) 2 mg	87%
	571%
Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS™) 75 mcg	167%
Coenzyme Q10 50 mg	•
Alpha Lipoic Acid 50 mg	-
Inositol 25 mg	•
Lutein 3 mg	
Boron (as B Amino Acid Chelate) 1 mg	•
Lycopene 500 mcg	•
Zeaxanthin 500 mcg	

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