

SUGGESTED USE:

As a dietary supplement take 1 level scoop in 4-8 oz. of water or juice 30 minutes before your workout or daily for the first week. Then increase to 2 level scoops for all subsequent days.

You should always consult your Primary Care Physician before taking this or any other nutritional supplement

Discontinue use and consult your physician if adverse reaction occurs and please call (559) 366-2878

This product is manufactured to meet or exceed the latest GMP (Good Manufacturing Practices) standards.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



Pre Workout

Dietary Supplement
31 Servings

Supplement Facts:

Serving Size: 2 Level Scoops

Servings Per Bottle: 31

Amount Per Serving	% Daily Value
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Vitamin B6 (Pyridoxine)	.54 mg 27%
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Proprietary Essential and Non-Essential Amino Acid Blend	7300 mg *
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Beta Alanine	L-Lysine
Creatine Monohydrate	L-Methionine
L-Aspartic Acid	L-Ornithine
L-Arginine- Alpha	L-Phenylalanine
Ketogluterate 2:1	L-Proline
L-Aspartic Acid	L-Serine
L-Glutamic Acid	L-Taurine
L-Glutamine	L-Threonine
L-Glycine	L-Tryptophan
L-Histidine	L-Tyrosine
L-Isoleucine	L-Valine
L-Leucine	N-Acetyl L-Cysteine

* Daily value not established.

NO EXCEPIENTS OR FILLERS USED.

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