

Suggested Usage: Take 1 tablet 1 to 3 times daily.

Lysine is an essential amino acid that must be obtained through the diet or through supplementation. Lysine is necessary for the production of all proteins in the body, and is required for the maintenance of the structural proteins collagen and elastin, which form all connective tissue such as skin, tendon, and bone.* Lysine is also a precursor to carnitine, which is needed for fat metabolism and energy production.* In addition, lysine may help to support a healthy immune system and proper cardiovascular function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening.

CODE 0102 V4



L-Lysine

500 mg

Essential Amino Acid

- Supports Collagen Synthesis*
- Healthy Immune Function*

250 Tablets



A Dietary Supplement Vegetarian/Vegan



Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

L-Lysine	500 mg**
(from 637 mg L-Lysine Hydrochloride)	

** Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Vegetarian Coating, Silicon Dioxide and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® L-Lysine is a Pharmaceutical Grade essential amino acid.

Natural color variation may occur in this product.