

## Sleep Aid

NutriBiotic® MetaRest® combines melatonin and kava root, two of the most potent ingredients found in nature to help support restful sleep.\*

**CAUTION:** May cause drowsiness. Intended for nighttime use only. Do not take before driving or any activity that requires wakefulness. Ask a healthcare professional before use if you have or have ever had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems including jaundice, nausea or vomiting, dark or brown urine, pale stools, loss of appetite, unexplained fatigue, or abdominal pain. This product should not be used

by persons under 18 years of age, or by pregnant or breast-feeding women. Not for use with alcoholic beverages, excessive use, or use with products that cause drowsiness. May impair your ability to operate a vehicle or heavy equipment. Keep out of reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PLEASE RECYCLE

V1.00 #2013  
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**NutriBiotic.**

SLEEP



# METAREST.

FOR THE REST YOU NEED\*

250 MG KAVA ROOT • 3 MG MELATONIN  
SLEEP AID • DRUG FREE

DIETARY SUPPLEMENT

GLUTEN FREE  
60  
CAPSULES

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

	Amount per serving	% Daily Value
Vitamin B6 (as pyridoxine HCl)	10 mg	590%
Kava Kava Root ( <i>piper methysticum</i> )	250 mg	†
Melatonin	3 mg	†

†Daily Value not established

**Other Ingredients:** Gelatin (capsule) and magnesium stearate (vegetable lubricant).

**Suggested Use:** Adults, take one capsule 20 minutes before retiring to bed.  
**TAKE ONLY AS DIRECTED.**

**Gluten Free • Made Without:** GMOs, milk, soy, eggs, yeast, corn, wheat, peanuts, tree nuts, fish, crustacean shellfish, fillers, binders, starch, sweeteners, colorings, flavorings, and preservatives.