

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 40

Amount Per Serving		%Daily Value
Calories	20	
Calories from Fat	10	
Total Fat	1.5 g	2%***
Cholesterol	5 mg	2%
Total Carbohydrate	<1 g	<1%***
Protein	<1 g	2%***
Niacin (as Inositol Hexanicotinate)	600 mg	3,000%
Phytosterol Complex	975 mg	****
Providing:		
Sterol Esters (Beta Sitosterol, Campesterol, Stigmasterol)		
equivalent to 600 mg of plant sterols		
Fish Oil	750 mg	****
provides 225 mg of Total Omega-3 Fatty Acids† comprising of:		****
EPA (Eicosapentaenoic Acid)		****
DHA (Docosahexaenoic Acid)		****
Other Fatty Acids		****
Odorless Garlic (<i>Allium sativum</i>) (bulb)	375 mg	****
(From 3.75 mg of a 100:1 Extract)		
Pantethine	37.5 mg	****
Inositol (as Inositol Hexanicotinate)	150 mg	****
Policosanol (from rice wax)	7.5 mg	****

***Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soybean Oil. **Contains <2% of:** Silica, Soy Lecithin, Titanium Dioxide Color.

†As Natural Triglycerides

Contains soy and fish (anchovy, mackerel, sardine) ingredients.

Sundown
Naturals®

CholestHealth™

Cholesterol Support*

- **Helps Support Circulatory & Cardiovascular Health***
- **May Reduce the Risk of Heart Disease****

120 SOFTGELS

DIETARY SUPPLEMENT

**Smart
Facts**

CholestHealth™ features important plant sterols such as Beta-Sitosterol and Stigmasterol, which support cholesterol levels already within a normal range.* CholestHealth™ is also formulated with beneficial ingredients, such as Omega-3 fatty acids for heart health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Diets low in saturated fat and cholesterol that include 2 g per day of plant sterols eaten with meals or snacks may reduce the risk of heart disease. A serving of CholestHealth™ supplies 0.6 g of plant sterols.

DIRECTIONS: FOR ADULTS, TAKE THREE (3) SOFTGELS DAILY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

No Artificial Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com

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Boca Raton, FL 33487 USA

Prod. No. 17856



01B B17077
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