

Barlean's "Healthy Adult" Fresh Catch[®] Fish Oil is for those who aspire to nutritionally support the optimal structure and function of:

- Joint Mobility & Bone Density*
- Energy & Endurance*
- Mental Health, Wellness & Acuity*
- Heart Health*
- Healthy Cholesterol Levels*
- Hormonal Health*
- Eye Health - Visual Acuity*
- Healthy Blood Glucose*

* These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

Barlean's Organic Oils
4936 Lake Terrell Road, Ferndale, WA 98248
800/445-3529 • barleans.com

100% SATISFACTION GUARANTEED

Bruce Barlean
FRESHEST BEFORE



BARLEAN'S
ORGANIC OILS



TASTES
GREAT

PURITY
GUARANTEED

Fresh Catch[®] Fish Oil

HEALTHY ADULT

FORMULA

PHARMACEUTICAL GRADE • MOLECULARLY DISTILLED

OMEGA-3 EPA/DHA

60 Softgels / 1000 mg ea.



Supplement Facts

Serving Size 2 Softgels (2 g)

Servings Per Container 30

Amount Per Serving	% Daily Value*
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Calories 18	Calories from Fat 18
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Total Fat 2 g	4%
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Saturated Fat 105 mg	0%
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Polyunsaturated Fat 1585 mg	†
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Monounsaturated Fat 280 mg	†
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Cholesterol 10 mg	3%
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Vitamin E Natural 2 mg	20%
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(Mixed Tocopherols)

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA) 783 mg	†
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Docosahexaenoic Acid (DHA) 400 mg	†
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Alpha Linolenic Acid (LNA) 5 mg	†
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Other Omega-3 Fatty Acids 295 mg	†
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* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Pharmaceutical grade, molecularly distilled fish oil concentrate (anchovy, sardine, mackerel), gelatin, rosemary extract, natural citrus flavor, mixed natural tocopherols. **SUGGESTED USE:** 2 softgels daily with a meal.