

Pumpkin seed oil is generally cold pressed / derived from pumpkin seeds and may offer many health benefits. Pumpkin seed oil may support heart health by promoting healthy cholesterol levels and supporting healthy blood pressure levels. Some research also suggesting it may help promote hair growth, especially in men.\*

**Suggested Use:** As a dietary supplement take 2 softgels (1,000mg) per day with or without food. It is not recommended to exceed 4 softgels per day

**Storage:** Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature.



**Manufactured For:**  
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# PUMPKIN SEED OIL

**1,000mg**  
Per Serving

**Supports Heart Health\***  
**Promotes Hair Growth\***

**180 Softgels**  
**Dietary Supplement**

## Supplement Facts

Serving size: 2 Softgels  
Servings per container: 90

	Amount per serving	% Daily Value
Pumpkin Seed Oil	1,000 mg	**

\*\* Daily Value not established

**Other Ingredients:** Gelatin, Vegetable Glycerin, Purified Water

**Warning:** Consult your physician before use. Do not use Pumpkin seed oil if you are pregnant, nursing, or are under 18 years of age.

Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not use Pumpkin seed oil and operate heavy machinery until you know how it affects you. Keep out of reach of children. Do not exceed 4 softgels per day

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.