Product Info: Phosphatidyl Choline is a phospholipid containing choline as a head group which is found naturally in the body and is a major constituent of cell membranes. It is often taken as a choline supplement.*

Suggested Use: Take one soft gel per day with food.

Storage: Store in a cool, dark place.

Do not freeze or expose to moisture or heat above room temperature.



PHOSPHATIDY L CHOLINE

1,200 mg

* Supports Choline Levels

210 Soft Gels
Dietary Supplement







*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Soft Gel

Servings Per Container: 210

Amount per Serving

% Daily Value

Phosphatidyl Choline Complex
Providing — Phosphatidyl Choline

1,200mg

420mg

† Daily Value not established

Other Ingredients: Gelatin (shell), glycerin and purified water

Contains: Soy

WARNING: Consult your physician before use if you are taking any medications, are pregnant, nursing, or are under 18 years of age. Do not consume more than 4,800mg (4 soft gels) per day. Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not take Phosphatidyl Choline and

Operate any heavy machinery until you know how it affects you.

Keep out of reach of children.

Manufactured for:
Double Wood LLC

3510 SCOTTS LN STE 219 PHILADELPHIA, PA 19129-1573 United States

www.doublewoodsupplements.com