Nicotinamide Mononucleotide (NMN) is a direct precursor to NAD+ that may be more bioavailable than NAD+ on its own. NAD+ levels decrease as one ages and supplementing may offer health benefits.\*

Suggested Use: As a supplement, take 2 capsules per day. It can be taken in the morning or at night, with or without food. Taking a smaller dose multiple times a day is most effective.

Storage: Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature.







\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



250 mg per serving

**60 Capsules Dietary Supplement** 

## Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount per Serving %Daily Value

Nicotinamide Mononucleotide

250mg

† Daily Value not established

Other Ingredients: Gelatin (capsule), organic rice flour

WARNING: Consult your physician before use if you are taking any medications. Do not use NMN if you are pregnant, nursing, or under 18 years of age.

Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not take NMN and operate heavy machinery. Keep out of reach of children. Do not exceed 8 capsules per day.

Manufactured for: Double Wood LLC

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