

DIRECTIONS: FOR ADULTS, TAKE TWO (2) SOFTGELS TWICE DAILY WITH YOUR TWO LARGEST MEALS OF THE DAY. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 50

Amount Per Serving	%Daily Value
Phytosterol Complex	1,000 mg (1 g) **
Providing:	
Sterol Esters (Beta Sitosterol, Campesterol, Stigmasterol)	equivalent to 500 mg of plant sterols.

**Daily Value not established.

Other Ingredients: Vegetable Oil, Gelatin, Vegetable Glycerin, Soybean Oil, Citrus Pectin, Titanium Dioxide Color.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com



Manufactured by
REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Sundown
Naturals

HEART HEALTHY INGREDIENTS*

Phytosterol Complex

1000 MG
PER SERVING

*with Beta
Sitosterol*

Cholesterol Support*

100 SOFTGELS DIETARY SUPPLEMENT

Smart Facts

Scientific evidence demonstrates that diets that include phytosterols may reduce the risk of coronary heart disease. Our specialized formula exceeds strict quality standards for levels of phytosterols (beta sitosterol, stigmasterol, and campesterol) - the active ingredients that help maintain cholesterol levels already within a normal range.*

Diets low in saturated fat and cholesterol that include 2 g per day of plant sterols eaten with meals or snacks may reduce the risk of heart disease. A serving of Sundown Naturals' Phytosterol Complex supplies 0.5 g of plant sterols.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



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