



Product Information: Diindolylmethane is a compound derived from the digestion of indole-3-carbinol, found in cruciferous vegetables, such as broccoli, Brussels sprouts, cabbage and kale.

Suggested Use: As a dietary supplement take 1 serving per day, with or without food.

Storage: Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature after opening.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



DIM

DIINDOLYLMETHANE

400 mg
per serving

*Energy, Metabolism, Balance

60 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings per Container: 30

Amount per Serving	% Daily Value
DIM (Diindolylmethane)	400 mg +
+ Daily Value not established	

Other Ingredients: Hypromellose (Capsules), Rice Flour.

WARNING: Consult your physician before use. Do not use DIM if you are pregnant, nursing, or are under 18 years of age.

Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not use DIM and operate heavy machinery until you know how it affects you. Keep out of reach of children. Do not exceed capsules per day.

Manufactured for:
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