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DIRECTIONS:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or on an empty stomach or as recommended by your healthcare professional.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

HOST DEFENSE[®]
Mushrooms[™]
made with organic mushroom mycelium & herbs
MYCOBOTANICALS[®]
BLOOD SUGAR^{*}

MAITAKE • GYMNEMA • REISHI
CHAGA • CASSIA • BILBERRY



GLUTEN FREE & VEGAN

60 CAPSULES

DIETARY SUPPLEMENT



**SUPPORTS HEALTHY BLOOD SUGAR LEVELS
ALREADY IN THE NORMAL RANGE***

Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value
Maitake (<i>Grifola frondosa</i>) mycelium [†] / fermented brown rice biomass [‡]	300mg †
Gymnema (<i>Gymnema sylvestre</i>) leaf extract [‡]	300mg †
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium [†] / fermented brown rice biomass [‡]	100mg †
Chaga (<i>Inonotus obliquus</i>) mycelium [†] / fermented brown rice biomass [‡]	100mg †
Cassia (<i>Cinnamomum cassia</i>) bark extract [‡]	100mg †
Bilberry (<i>Vaccinium myrtillus</i>) leaf extract [‡]	100mg †

† Daily Value not established

Other Ingredients: Pullulan (capsule), maltodextrin[†]

‡ Certified Organic

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