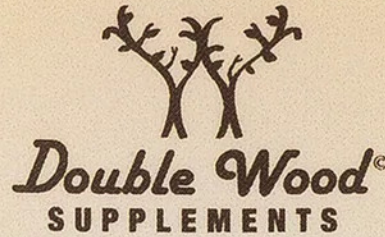


Product Info: Beta Alanine is a nonproteinogenic amino acid. It is synthesized in the liver and may be consumed through diet via animal based foods like chicken and beef. After Beta Alanine is consumed, it mixes with histidine to form carnosine.*

Suggested Use: Take 1 capsule once or twice daily.

Storage: Store in a cool, dark place. Do not freeze or expose to moisture or heat above room temperature.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



BETA ALANINE

1500 mg
per serving

240 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 120

Amount per Serving	% Daily Value
Beta Alanine	1.5 g †
† Daily Value not established	

Other Ingredients: Hypromellose (capsule), rice flour, vegetable stearate

WARNING: Consult your physician before use. Do not use Beta Alanine if you are pregnant, nursing, or under 18 years of age.

Discontinue use and consult your doctor immediately if any adverse reactions occur. Do not use Beta Alanine and operate heavy machinery until you know how it affects you. Keep out of reach of children. Do not exceed 6 capsules per day.

Manufactured for:
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United States