

Supplement Facts - Informations nutritionnelles : Serving size: 3 capsules - Servings per container: 30 — Dose journalière : 3 gélules. Nombre de doses par boîte : 30 — Recommended Daily Allowances in % - Apports Journaliers Recommandés en % — *RDA Not established. - *AJR Non définis.				
BioPQQ® (Pyrroloquinoline quinone).....	10 mg	*	Magnesium (magnesium glycinate)	
Nicotinamide riboside.....	10 mg	*	Magnésium (glycinate de magnésium).....	80 mg .21%
Vitamin A (1000 IU carotene, 500 IU palmitate)			Manganese (gluconate) - Manganèse (gluconate).....	1 mg .50%
Vitamine A (1000 UI carotène, 500 UI palmitate)	1500 IU	.56%	Molybdenum (citrate) - Molybdène (citrate)	50 mcg 100%
Vitamin D3 (cholecalciferol) - Vitamine D3 (cholécalférol) ..	1 000 IU	.500%	Selenium (sodium selenate, selenomethionin)	
Vitamin K1 (phyloquinone) - Vitamine K1 (phyloquinone) ..	100 mcg	.133%	Sélénium (sélénate de sodium, sélénométhionine)	50 mcg .91%
Vitamin K2 (Menaquinone) - Vitamine K2 (Menaquinone) ..	75 mcg	100%	Zinc (gluconate)	15 mg 150%
Vitamin B1 (thiamine hydrochloride)			Taurine	150 mg *
Vitamine B1 (chlorydhydrate de thiamine)	15 mg	1363%	Reduced glutathione - Glutathion réduit	50 mg *
Vitamin B2 (riboflavin) - Vitamine B2 (riboflavine).....	20 mg	1428%	Inositol	20 mg *
Vitamin B3 (niacinamide) - Vitamine B3 (niacinamide).....	60 mg	*	Lycopene - Lycopène	5 mg *
Vitamin B5 (calcium pantothenate)			Tocotrienols - Tocotriénols	3 mg *
Vitamine B5 (panthothénate de calcium)	30 mg	*	Lutein - Lutéine.....	2 mg *
Vitamin B6 (pyridoxal-5-phosphate)			Zeaxanthin - Zéaxanthine.....	1 mg *
Vitamine B6 (pyridoxal-5-phosphate).....	15 mg	1071%	Green Tea Extract - Extrait de thé vert	
Vitamin B12 (methylcobalamin)			(30% EGCG + polyphenols)	100 mg *
Vitamine B12 (méthylcobalamine).....	300 mcg	*	Rutine	50 mg *
Vitamin C (ascorbic acid, ascorbyl palmitate)			Quercetine - Quercétine.....	50 mg *
Vitamine C (acide ascorbique, palmitate d'ascorbyl)	300 mg	375%	Pterostilbene - Ptérostilbène	50 mg *
Vitamin E (d-alpha tocopherol succinate, with mixed tocopherols)			Apigenin - Apigénine	25 mg *
Vitamine E (succinate de D-alpha tocophéryl,			Bilberry 25% anthocyanidins - Myrtille 25 % antocyanidines ..	30 mg *
avec tocophérols mélangés).....	40 mg	390%	Grape seed extract (95% OPC)	
Biotin - Biotine	500 mcg	1000%	Extrait de pépins de raisin (95 % OPC).....	25 mg *
Quatrefolic® (6S)-5-methyltetrahydrofolicacidolinic acid			Olive extract 20% oleuropein	
(from 370 mcg of 54-59% (6S)-5-methyltetrahydrofolicacidolinic			Extrait d'olive 20 % oleuropéine	20 mg *
acid glucosamine salt)			Pine bark extract 95% proanthocyanidins	
Quatrefolic® acide (6S)-5-méthyltétrahydrofolicacidolinique			Extrait d'écorce de pin 95 % proanthocyanidines	20 mg *
(de 370 mcg de 54-59% de sels de glucosamine			Luteolin - Lutéoline.....	8 mg *
et d'acide (6S)-5-méthyltétrahydrofolicacidolinique).....	200 mcg	*	Bioperine®.....	5 mg *
Boron (calcium borogluconate)			Other ingredients: acacia gum, white rice flour. Autres ingrédients : gomme d'acacia,	
Bore (borogluconate de calcium)	1 mg	*	farine de riz blanc. Bioperine® - Sabinsa Corporation. Crominex® 3+, Natreon Inc,	
Chromium (Crominex® 3+) - Chrome (Crominex® 3+)	200 mcg	.500%	USA. Quatrefolic®, Gnosis, Italy. BioPQQ®, MGC, Japan.	
Iodine (from Ascophyllum nodosum)				
Iode (issu d'Ascophyllum nodosum)	150 mcg	100%		











Recommended use: Adults. Take 3 capsules daily, one with each meal.

Precautions: Contains soya. Do not exceed the recommended daily dose. This product is a nutritional supplement and should not replace a varied, balanced diet. Keep out of childrens' reach. Store away from direct light, heat and humidity.

As with any nutritional supplement, you should consult a health professional before taking this product if you are pregnant, breastfeeding or have a health problem.

Conseils d'utilisation : Adultes. Prendre 3 gélules par jour, une avec chaque repas.

Contient du soja. Batch/lot no, expiry date: 5
See base of pot. 453003825784
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