Directions Take one capsule per day, with a meal.

WARNING

Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician before using

STORE IN A COOL, DRY PLACE







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Supplement Facts

Serving Size: 1 Capsules
Servings Per Container: 60

Amount Per Serving	%DV
125ug Vitamin D3 120ug Vitamin K2 MK-7 250mg Magnesium L-Threonate	625% * *
Total	e15g

*Daily Value Not Established

Other Ingredients: Cellulose Contains NO artificial ingredients, wheat, gluten, yeast, soy, corn, milk or preservatives