Directions

Take 2 scoops per day mixed with a drink.

WARNING

Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician before using

STORE IN A COOL, DRY PLACE









DONOTAGE ORG



CREATINE MONOHYDRATE

Supplement Facts Servings Per Container:30

% Daily Value
*
e300g

*Daily Value Not Established

Contains NO artificial ingredients, wheat, gluten, yeast, soy, corn, milk or preservatives