

Dosage: Take four (4) capsules daily. For best results, take two (2) capsules two (2) times daily after meal(s), or as directed by your health care provider. Take with plenty of water.

Precaution: If reaction(s) occur, consult your physician. Do not purchase this product if seal is missing or broken. Consult your doctor before starting any dietary supplement regime. This product is a dietary supplement not a prescription drug. **Keep this product out of reach of children.** In case of accidental overdose, call a hospital or poison control center immediately. Refrigerate after opening.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Quatrefolic® is a registered trademark of Gnosis SpA. U.S. Patent No. 7,947,662

Manufactured in a cGMP-compliant facility.



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COAST SCIENCE®



GENERATION M™

MENOPAUSAL SUPPORT SUPPLEMENT



HORMONAL
BALANCE*



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CONTROL*



COGNITIVE
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EMOTIONAL
WELL BEING*

SUPER ANTIOXIDANT FORMULA:

COQ10 300MG • DHA/EPA • GYMNEMA SYLVESTRE • D-CHIRO-INSITOL
PYRROLOQUINOLINE QUINONE (PQQ) • S-ACETYL-GLUTATHIONE



Quatrefolic®

EMOTHION™
S-Acetyl Glutathione

DIETARY SUPPLEMENT - 120 CAPSULES - MADE IN THE USA

SUPPLEMENT FACTS

Serving Size: 4 Veggie Capsules

Servings Per Container: 30 (120 capsules per bottle)

	Amount Per Serving	% DV
Vitamin A † (100% as beta-carotene)	2500 IU	50%
Vitamin C †	240 mg	400%
Vitamin D3 †	500 UI	125%
Vitamin E †	30 UI	100%
Vitamin K (K1 and K2 (MK7) Blend)	4 mcg	50%
Thiamin-Vitamin B1 †	2.25 mg	150%
Riboflavin-Vitamin B2 †	2.55 mg	150%
Niacin †	20 mg	100%
Vitamin B6 †	12 mg	600%
Quatrefolic	499.5 mcg	125%
Vitamin B12 †	30 mcg	500%
Biotin †	150 mcg	50%
Pantothenic Acid †	10 mg	100%
Calcium (from Algae ‡)	500 mg	50%
Iron †	9 mg	50%
Iodine †	75 mcg	50%
Magnesium † (87% cultured; 33% from Algae ‡)	160 mg	50%
Zinc †	7.5 mg	50%
Selenium †	70 mcg	100%
Copper †	1 mg	50%
Manganese†	1 mg	50%
Chromate	60 mcg	50%
Molybdenum†	38.5 mcg	50%
Coq10	300 mg	***
DHA/EPA (280 mg/70 mg)	300 mg	***
NAC	250 mg	***
Super Antioxidant Proprietary Blend	930.25 mg	***
Inositol, Choline, Gymnema sylvestre, Quercetin, D-Chiro-Inositol, Pyrroloquinoline quinone (PQQ), S-Acetyl-Glutathione, Boron		

*** Daily Values not established % Daily Value is based on a 2000 calorie diet.

‡Quatrefolic®, equivalent to 916 mcg Dietary Folate Equivalent (DFE at 1.7x)

†Chromate® is a patented oxygen-coordinated niacin-bound chromium complex.

OTHER INGREDIENTS: Vegetable Cellulose

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