

**Vitamins
to go!**

**Sundown
Naturals**

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EACH PACKET CONTAINS

Sundown Naturals' High Potency Multi (Caplet)
A multiple vitamin and mineral supplement with over 20 nutrients and dietary ingredients.

Sundown Naturals' C-Timed Release Plus Rose Hips (Caplet)

Vitamin C is essential for the growth and maintenance of tissues and organs.* Vitamin C acts as an antioxidant and helps support healthy immune function.* Vitamin C is vital to the production of collagen and provides support for proper cardiovascular function.* Formulated to release over a prolonged period of time.

Sundown Naturals' E (Softgel)

Vitamin E is an antioxidant that helps promote a healthy heart.* It helps fight cell-damaging free radicals in the body and works with Vitamin C and Beta-Carotene to provide antioxidant support.* Vitamin E helps maintain a healthy circulatory system and is an essential nutrient important for health.*

Sundown Naturals' Calcium + D (Coated Caplet)

Calcium promotes strong bones and healthy teeth.* It is required for proper transmission of nerve impulses and heartbeat regulation.* Vitamin D helps promote calcium absorption.*

Sundown Naturals' Vitamin D (Softgel)

Vitamin D supports normal antibody production by the immune system.* Vitamin D intake up to 2000 IU per day could promote colon health.* Vitamin D3 is a potent and active form of Vitamin D.

Sundown Naturals' Green Tea (Capsule)

The polyphenols within Green Tea are believed to be primarily responsible for the herb's positive actions on cardiovascular health and immune function.* Our Green Tea extract is standardized for 80% Polyphenols, one of the active constituents in this herb. Polyphenols such as EGCG are antioxidants that help fight against cell-damaging free radicals in the body.*

MAXIMUM

HELPS SUPPORT:

- **Healthy Heart***
- **Energy Metabolism***
- **Muscle & Bone Health***
- **Healthy Immune System***
- **Healthy Eyes***
- **Skin Health***

**30 INDIVIDUAL
DAILY PACKETS**

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DIETARY
SUPPLEMENT

**Vitamins
to go!**

**Smart
Facts**

Sundown Naturals' VITAMINS TO GO®
Maximum is specially formulated to support your needs, including:

- **Healthy Heart***
- **Energy Metabolism***
- **Muscle & Bone Health***
- **Healthy Immune System***
- **Healthy Eyes***
- **Skin Health***

Sundown Naturals' VITAMINS TO GO® makes it easy to stay healthy.* No need to guess the right dosage and no need to buy and store several different bottles. You have most of your nutrient needs in one convenient packet.*

Sundown Naturals' VITAMINS TO GO® is perfect for anyone on the go. It is great for the daily morning rush, travelers, handy for the office, school or sports. Just take along the number of packets you will need and put them in your briefcase, purse or pocket.

Sundown Naturals' VITAMINS TO GO® Maximum is a special combination of many nutrients you need to support good health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**30 INDIVIDUAL
DAILY PACKETS**

Supplement Facts

Serving Size 1 Packet

Amount Per Serving	%Daily Value
Vitamin A (as Vitamin A Acetate and 40% as Beta-Carotene)	2,500 IU 50%
Vitamin C (as Ascorbic Acid)	1,000 mg (1 g) 1,787%
Vitamin D (as D3 Cholecalciferol)	1,650 IU 496%
Vitamin E (as d-Alpha Tocopheryl Acetate)	400 IU 1,500%
Vitamin K (as Phylloquinone)	30 mcg 36%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin (as Nicotinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg 150%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	25 mcg 417%
Biotin (as d-Biotin)	30 mcg 10%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	800 mg 80%
Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Iodine (as Potassium Iodide)	100 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 10%
Zinc (as Zinc Oxide)	11 mg 79%
Selenium (as Sodium Selenate)	55 mcg 79%
Copper (as Cupric Sulfate)	0.5 mg 25%
Manganese (as Manganese Sulfate)	2.3 mg 115%
Chromium (as Chromium Picolinate)	45 mcg 36%
Molybdenum (as Sodium Molybdate)	45 mcg 80%
Chloride (as Potassium Chloride)	72 mg 2%
Potassium (as Potassium Chloride)	80 mg 2%
Boron (as Boric Acid and Sodium Borate)	100 mcg --
Nickel (as Nickel Sulfate)	5 mcg --
Silicon (as Silicon Dioxide)	2 mg --
Vanadium (as Sodium Metavanadate)	10 mcg --
Lutein	250 mcg --
Lycopene	300 mcg --
Rose Hips (Rosa canina) (fruit)	35 mg --
Green Tea Extract (Camellia sinensis) (leaf) (Standardized to contain 80% Polyphenols)	500 mg --
87.5% Catechins 360 mg	
90% EGCG 175 mg	
8% Caffeine 40 mg	

*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Gelatin, Soybean Oil, Vegetable Glycerin, Vegetable Magnesium Stearate, Silica, Vegetable Stearic Acid, Croscopollose, Titanium Dioxide Color, Rice Flour, Starch, Corn Oil, FD&C Blue No. 2 Lake, FD&C Yellow No. 6 Lake, FD&C Red No. 40 Lake.

Directions: For adults, take one (1) packet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT.
TAMPER RESISTANT: DO NOT USE IF
OUTER WRAP IS MISSING OR TORN.**



Questions? Call toll free
1-888-VITAHELP
(848-2435) or visit us at
www.sundownnaturals.com

Manufactured by
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