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MegaFood®

Stress Reset[†]

**FAST-ACTING
STRESS RELIEF[†]**

with L-theanine,
lemon balm & B vitamins

**200mg
L-THEANINE**
per serving



60 TABLETS / 30 SERVINGS **DIETARY SUPPLEMENT**

Suggested Use: Adults take 2 tablets daily with a beverage.
May be taken any time of the day, even on an empty stomach.

Supplement Facts

Serving size 2 tablets

Servings per container 30

Amount per serving	% DV
Thiamine (as thiamine hydrochloride) 3 mg	250%
Riboflavin (as riboflavin 5'-phosphate sodium) 3 mg	231%
Niacin (as niacinamide) 20 mg NE	125%
Vitamin B6 (as pyridoxal-5-phosphate) 8 mg	471%
Folate (as calcium L-5-methyltetrahydrofolate) 340 mcg DFE (200 mcg L-5-MTHF)	85%
Vitamin B12 (as methylcobalamin) 20 mcg	833%
Biotin (as biotin) 300 mcg	1000%
Pantothenic Acid (as d-calcium pantothenate) 10 mg	200%
Zinc (as zinc bisglycinate) 5 mg	45%
L-theanine 200 mg	**
Lemon balm leaf and stem extract 300 mg	**
Food Blend 40 mg	**
Organic brown rice, organic broccoli	

** % Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, rice protein, silicon dioxide, stearic acid, autolyzed yeast extract, hypromellose.

MADE BY MEGAFOOD, PO BOX 5244
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MegaFood Stress Reset offers a comprehensive 3-in-1 formula featuring **L-theanine** for fast-acting stress relief within 30 minutes, **lemon balm** with a rich herbal heritage for calming nerves, and the essential support of **B vitamins** for whole-body wellness.[†]

Satisfaction guaranteed or your money back.

*L-theanine works within 30 minutes.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: Biotin is an important nutrient, especially during pregnancy. Biotin may interfere with lab tests. If you are taking medication or planning to undergo lab testing, consult with your doctor before use.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.

Do not use if seal under cap is broken or missing.



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Rev: 1 09/23
Best By:
Lot#: