

90 DELICIOUS GUMMIES/45-DAY SUPPLY

DIETARY SUPPLEMENT



RASPBERRY LEMONADE
NATURAL FLAVOR

For before, during & after pregnancy
Includes folic acid

GUMMY

PRENATAL

Multivitamin

GNC
WOMEN'S

CODE 571104

DIRECTIONS: As a dietary supplement, adults take two (2) gummies per day. Chew thoroughly before swallowing.

Supplement Facts

Serving Size Two Gummies
Servings Per Container 45

Amount Per Serving	% Daily Value for Pregnant Women & Lactating Women
Calories	20
Total Carbohydrate	4 g † 1% †
Total Sugars	3 g *
Includes 3 g Added Sugars	
Vitamin A (as Retinyl Palmitate)	650 mcg RAE 50%
Vitamin C (as Ascorbic Acid)	20 mg 17%
Vitamin D (as Cholecalciferol)	20 mcg (800 IU) 133%
Vitamin E (as dl-alpha Tocopheryl Acetate)	19 mg 100%
Niacin (as Inositol Niacinate)	18 mg NE 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 100%
Folate	600 mcg DFE 100%
	(360 mcg Folic Acid)
Vitamin B-12 (as Cyanocobalamin)	2.8 mcg 100%
Biotin	35 mcg 100%
Iodine (as Potassium Iodide)	220 mcg 76%
Zinc (as Zinc Chelate)	3.8 mg 29%
Omega-3 Fatty Acids (from Fish Oil)	
	65 mg *
DHA/EPA (from Purified Fish Oil Concentrate)	50 mg *
Other Omega-3 Fatty Acids	15 mg *

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Less than 2% of: Citric Acid, Colors (Turmeric, Paprika Extract, Radish Concentrate, Caramel Color), Lactic Acid, Natural Flavors.

CONTAINS: Fish (Anchovy and/or Sardine with Mackerel and/or Herring).

Manufactured in a facility that also produces products that contain milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA
Product of Spain.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test.

Gluten Free, No Eggs, No Soy.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

See bottom of bottle for
Exp Date and Lot No.

