

PRO PERFORMANCE® RESULTS

As your life becomes increasingly hectic, making healthy decisions that steer you toward wellness can be difficult. At any age, it is a challenge to maintain adequate protein levels in your diet. As the basic kick-starter for lean muscle repair, 100% Whey helps as you strive to achieve maximum wellness and athletic performance by supporting a healthy metabolism and lean muscle.^{^*}

Following any level of exercise, amino acids are needed for growth, repair and maintenance of muscles.^{^*} This formula is packed with 24 grams of high-quality protein, containing all 9 essential amino acids that digest quickly and support your wellness and performance goals.[^]

PRO PERFORMANCE® QUALITY

100% Whey is Banned Substance Tested.^{*} It is gluten free, tastes great and mixes easily with a simple stir, shake or blend.

^{*}When used in conjunction with an exercise program.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. ^{*}Product was tested and monitored for over 285 banned substances on the 2021 World Anti-Doping Agency (WADA) Prohibited list via LGC skip lot testing protocol #ICP0307.

^{*} These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC



PRO PERFORMANCE

24G | **130** | **2G**
PROTEIN | CALORIES | SUGARS

100% WHEY

High-Quality, Gluten-Free Protein
Supports Healthy Metabolism &
Lean Muscle Recovery^{^*}

DIETARY SUPPLEMENT

NET WT. 1.85 LB. (29.63 OZ.) 840 G

25 SERVINGS

UNFLAVORED

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CODE 369951

IWG

DIRECTIONS: As a dietary supplement, mix one scoop (33.6 g) in 6 fl. oz. of cold water or your favorite beverage and blend well. Consume 1-2 servings per day. Best enjoyed post-workout and/or throughout the day as an additional source of protein.

Supplement Facts

Serving Size One Scoop (33.6 g)
Servings Per Container 25

Amount Per Serving		% Daily Value
Calories	130	
Total Fat	2 g	3%†
Saturated Fat	1 g	5%†
Cholesterol	80 mg	27%
Total Carbohydrate	4 g	1%†
Total Sugars	2 g	*
Protein	24 g	
Calcium	130 mg	10%
Sodium	60 mg	3%
Potassium	190 mg	4%

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

INGREDIENTS: Whey Protein Concentrate, Whey Protein Isolate, Cellulose Gum, Soy Lecithin, Xanthan Gum, Silicon Dioxide.

CONTAINS: Milk and Soy.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

NOTICE: Use as a food supplement only. Do not use for weight reduction.

Significant product settling may occur.

No Artificial Flavors, No Artificial Colors, No Preservatives, Gluten Free.



WAYS TO ENJOY YOUR 100% WHEY PROTEIN



SHAKE

Combine with cold water, milk or your favorite beverage in a shaker cup



BLEND

Make a delicious smoothie, adding fruits, juices, peanut butter or yogurt



EAT

Mix powder in your oatmeal, yogurt or your favorite food

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

