

KEEP OUT OF REACH
OF CHILDREN.

Store in a cool, dry
place.

For More Information:

1-888-462-2548

GNC.com

COGNIGRAPE® (Grape
Fruit Extract) is a
registered trademark of
BIONAP srl.

GNC | PREVENTIVE
NUTRITION®

STRESS RELIEF

Manage stress & mood with clinically studied
Cognigrape® and L-Theanine*

EXPERT FORMULATED

- ✓ Reduce Stress*
- ✓ Relax*
- ✓ Balance Mood*



LEARN MORE

60 CAPSULES/30 DAY SUPPLY

DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 120624

LXG

DIRECTIONS: As a dietary supplement, take two capsules per day with water.

Supplement Facts

Serving size 2 Capsules/Servings per container 30

Amount Per Serving	% Daily Value
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Vitamin D (as Cholecalciferol)...	12.5 mcg (500 IU)..... 63%
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Thiamin (Vitamin B-1).....	6 mg.....500%
(as Thiamin Hydrochloride)	

Vitamin B-6.....	2 mg....118%
(as Pyridoxine Hydrochloride)	

Vitamin B-12 (as Methylcobalamin).....	10 mcg....417%
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Pantothenic Acid.....	5 mg....100%
(as Calcium d-Pantothenate)	

Grape (<i>Vitis vinifera</i> L.) Fruit Extract.....	250 mg.....*
(Standardized to 10% Polyphenols = 25 mg)	

Holy Basil (<i>Ocimum tenuiflorum</i>).....	250 mg.....*
Leaf Extract (Standardized to 2% Ursolic Acid = 5 mg)	

Theanine (as L-Theanine).....	200 mg.....*
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Ashwagandha.....	100 mg.....*
(<i>Withania somnifera</i>) Root and Leaf Extract	
(Standardized to 8% Withanolides = 8 mg)	

* Daily Value not established.

OTHER INGREDIENTS:

Gelatin, Maltodextrin, Rice Flour and Less than 2%: Dicalcium Phosphate, Magnesium Stearate, Modified Food Starch, Silicon Dioxide, Sugar.

Distributed by:
GNC Holdings, LLC,
Pittsburgh, PA 15222

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. No Artificial Colors, No Artificial Flavors, Gluten Free.