



## Supplement Facts

Serving Size 1 softchew (5.1g) Servings per Container 30

Amount Per Serving % Daily Value
Calories 20 Calories from Fat 10

Total Fat 1 g
Polyunsaturated Fat 235 mg
Monounsaturated Fat 155 mg
Sugars 2 g

Vitamin C 9 mg
15

Omega-3 Polyunsaturated Fat 160 mg
Eicosapentaenoic Acid (EPA) 48 mg
Docasahexaenoic Acid (DHA) 75 mg

Other Omega-3 Fatty Acids 37 mg
Omega-6 Polyunsaturated Fat 65 mg
Linoleic Acid (LA) 50 mg

Other Omega-6 Fatty Acids 15 mg
Omega-9 Monounsaturated Fat 105 mg
Oleic Acid 95 mg

Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.

INGREDIENTS: Evaporated cane juice, inulin, purified fish oil (anchovy, sardine, tuna), gelatin, soy lecithin, palm oil, glycerin, natural flavors, citric acid, fruit and vegetable juice

CONTAINS GMO FREE SOY

For more information

please write to:

Barlean's Organic Oils
4936 Lake Terrell Road

for color, carrageenan.

Ferndale, WA 98248 800/445-3529 barleans.com

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