

**DIRECTIONS:** As a dietary supplement, take 1 tablet twice daily, one before morning and evening meals.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

**KEEP OUT OF REACH OF CHILDREN.**

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

† ChromeMate® Brand Niacin-Bound Chromium.

**CAUTION:** If you are pregnant or nursing, consult your physician before taking this product.

**WARNING:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.



**WONDER**

Laboratories®

FORMULA  
1406

**CALCIUM w/  
MINERALS**

**Plus ChromeMate®  
Chromium Polynicotinate**

**Gluten Free**

Dietary Supplement

**100 TABLETS**

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% DV
Calcium (as calcium carbonate)	400 mg	40%
Iron (as ferrous fumarate)	20 mg	111%
Iodine (as potassium iodide)	113 mcg	75%
Magnesium (as magnesium oxide)	200 mg	50%
Zinc (as zinc gluconate)	20 mg	133%
Selenium (as sodium selenate)	25 mcg	36%
Copper (as copper gluconate)	0.3 mg	15%
Manganese (as manganese gluconate)	7 mg	350%
Chromium (as chromium polynicotinate)†	50 mcg	42%
Potassium (as potassium citrate)	49 mg	1.4%

Other ingredients: Vegetable cellulose, vegetable stearic acid, vegetable magnesium stearate, silica.

Distributed by: **Wonder Laboratories®**

115 S.C.T.Ct., White House, TN 37188

Made in USA

Rev. #04

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