

Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life.

For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss.

Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86°F (15°-30°C).

**KEEP OUT OF REACH OF CHILDREN.** Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.



# WONDER

Laboratories®

FORMULA  
321

## CALCIUM LACTATE

**10 GRAINS  
(650 MG)**

“Calcium Builds Strong Bones”

Dietary Supplement

**Gluten Free**

**250 TABLETS**

### Fight OSTEOPOROSIS

## Supplement Facts

Serving Size 2 Tablets

Servings Per Container 125

| Amount Per Serving             |        | % DV |
|--------------------------------|--------|------|
| Calcium                        | 178 mg | 18%  |
| (from 1300 mg calcium lactate) |        |      |

Other ingredients: Vegetable cellulose, vegetable stearic acid, vegetable magnesium silicate, vegetable magnesium stearate.

Six (6) Tablets Contain:  
Elemental Calcium 534 mg 53%

**DIRECTIONS:** As a dietary supplement, take 2 tablets three times daily after meals.

Reorder # 3212  
Dist. by: **Wonder Laboratories®**, 115 S.C.T. Ct.  
White House, TN 37188  
**Made in USA**