



ultimate 10 probiotic™

targeted release

13 billion organisms

specialty
180 capsules
dietary supplement

digestive✓
intestinal
health✓
immunity✓

gluten
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Bacterial Culture	13 Billion Organisms	*
providing: <i>Lactobacillus rhamnosus</i> , <i>L. casei</i> , <i>L. acidophilus</i> , <i>L. plantarum</i> , <i>L. bulgaricus</i> , <i>L. salivarius</i> , <i>Bifidobacterium</i> <i>bifidum</i> , <i>Streptococcus thermophilus</i> , <i>B. longum</i> , <i>B. breve</i>		
Fructo-oligosaccharides (FOS)	300 mg	*

* Daily Value not established.

Other ingredients: Vegetable capsule (hypromellose, gellan gum), magnesium stearate, silica, cellulose.

Contains Milk.

Does not contain: Corn, Wheat, Gluten, Sugar, Salt, Soy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors Added.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) to two (2) capsules daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Probiotics are beneficial or "good bacteria" that normally inhabit the large and small intestines. A healthy balance of probiotics can help inhibit the overgrowth of harmful bacteria. This balance may help support good digestion and regularity. Ultimate 10 can help re-colonize the good bacteria after antibiotic use, strengthening the body's own defenses.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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Visit www.vitaminshoppe.com
or call 1-800-223-1216
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