



◆ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet®



Dietary Supplement
60 Vegetable Capsules

Fertility Support ◆

Multivitamin Formula



FOR
HER

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value Gen Pop**	% Daily Value Preg/Lact**	Amount Per Serving	% Daily Value Gen Pop**	% Daily Value Preg/Lact**		
Vitamins & Minerals							
Vitamin A (as 4000 IU vitamin A palmitate) (as 670 IU beta-carotene)	1400 mcg	156%	108%	Magnesium (as aspartate)	25 mg	6%	6%
Vitamin C (as L-ascorbic acid)	120 mg	133%	100%	Zinc (as bisglycinate chelate)	13 mg	118%	100%
Vitamin D3 (as 600 IU cholecalciferol)	15 mcg	75%	100%	Selenium (as glycinate complex)	70 mcg	127%	100%
Vitamin E (as 28.4 IU d-alpha tocopheryl succinate from sunflower)	19 mg	127%	100%	Copper (as bisglycinate chelate)	1.3 mg	144%	100%
Thiamin (as cocarboxylase)	1.4 mg	117%	100%	Manganese (as bisglycinate chelate)	2.6 mg	113%	100%
Riboflavin (as riboflavin 5' phosphate)	1.6 mg	123%	100%	Chromium (as nicotinate glycinate chelate)	45 mcg	129%	100%
Niacin (as niacinamide)	18 mg	113%	100%	Molybdenum (as glycinate chelate)	50 mcg	111%	100%
Vitamin B6 (as pyridoxal 5' phosphate)	2 mg	118%	100%	Choline (as bitartrate)	20 mg	4%	4%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt [vegetarian source])	600 mcg DFE	150%	100%	Vitamin K (as menaquinone-7 [K2] from natto)	20 mcg	*	*
Vitamin B12 (as methylcobalamin)	2.8 mcg	117%	100%	DHA (docosahexaenoic acid from algal oil)	50 mg	*	*
Biotin (as D-biotin)	35 mcg	117%	100%	Prenatal Herb Blend ♦ (cranberry fruit extract, ginger root extract, chamomile flower extract)	5 mg	*	*
Pantothenic Acid (as calcium D-pantothenate)	7 mg	140%	100%	Organic Whole Food Vegetable Blend (organic barley grass, organic cabbage, organic parsley, organic chlorella, organic spirulina, organic sea kelp, organic kale, organic broccoli, organic dandelion leaf, organic broccoli sprout, organic dulse)	5 mg	*	*
Calcium (as malate, citrate)	50 mg	4%	4%				
Iron (as bisglycinate chelate)	27 mg	150%	100%				
Iodine (as potassium iodide)	290 mcg	193%	100%				

*Daily Value not established.

**General Population & Pregnant/Lactating Women

*Daily Value not established.

**General Population & Pregnant/Lactating Women

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, stearic acid, vegetable magnesium stearate.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten and sugar.

Bluebonnet's KOF-K Certification #K-0000700
Albion Advanced Nutrition Amino Acid Complex.
Intimate Essentials® is a registered trademark of Bluebonnet Nutrition Corporation.

CAUTION: If you are on blood thinning medication, this product is not recommended.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.