

Bluebonnet's Vitamin K₂ 100 mcg Vegetable Capsules are formulated with menaquinone-7 (MK-7) which is produced through a patented biofermentation process from *Bacillus subtilis* natto cultures. Menaquinone-7 is an enhanced bioactive form of vitamin K₂ to help support bone and heart health. ♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Caution: Do not use this product if you are pregnant, trying to conceive or breastfeeding. If you are taking prescription medication, speak to your healthcare practitioner before use. Do not use this supplement with blood thinning medication. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement **50** Vegetable Capsules



Bluebonnet



**Vitamin K₂
100 mcg**

Bone & Heart Health ♦

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 50

Amount Per Serving

Vitamin K ₂ (menaquinone-7)	100 mcg	*
(natto extract using <i>Bacillus subtilis</i>)		

*Daily Value not established.

Other ingredients: Vegetable cellulose, capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by
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