



Bluebonnet's Probiotic & Prebiotic Vegetable Capsules are formulated with 30 billion viable cultures from 20 DNA-verified, scientifically supported strains. This unique, science-based probiotic formula includes the prebiotic inulin, from chicory root extract, to assist the growth of friendly bacteria in the gut.♦



Free of egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Caution: For adults only. Consult your healthcare practitioner if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement
30 Vegetable Capsules

Bluebonnet

PROBIOTIC & PREBIOTIC

LIVE CULTURES
30
BILLION

DNA-VERIFIED
20
STRAINS

**Optimal Digestive
& Immune Health.**

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner. Refrigeration required to ensure potency.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount
Per Serving

Probiotic Blend (30 Billion CFU^{††}) 214 mg *

(Lactobacillus plantarum HA-119, Lactobacillus rhamnosus HA-500, Lactobacillus casei HA-108, Lactobacillus helveticus HA-501, Lactobacillus salivarius HA-118, Lactobacillus bulgaricus HA-137, Bifidobacterium longum HA-135, Bifidobacterium breve HA-129, Bifidobacterium bifidum HA-132, Streptococcus thermophilus HA-110)

Kefir Starter Culture R0215 5 mg *

(Lactobacillus paracasei, Lactobacillus plantarum, Saccharomyces boulardii, Lactococcus lactis ssp. lactis cremoris, Lactococcus lactis ssp. lactis biovar diacetylactis, Leuconostoc mesenteroides ssp. cremoris, Saccharomyces cerevisiae, Zygosaccharomyces florentinus)

Bulgarian Yogurt Starter Culture R0094 5 mg *

(Lactobacillus bulgaricus, Streptococcus thermophilus)

Inulin (chicory root extract) 21 mg *

* Daily Value not established.

†† Colony Forming Units

Other ingredients: Capsule (hypromellose, purified water), potato starch, ascorbic acid (preservative), vegetable cellulose, vegetable magnesium stearate.

Contains: Milk, soybeans

Manufactured by
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