

Bluebonnet's Plant-Based Omega-3-6-9 Vegetarian Softgels are formulated with an organic blend of flaxseed, evening primrose and borage oils that deliver important mono- and polyunsaturated fatty acids - gamma-linolenic acid (GLA), alpha-linolenic acid, and oleic acid to help support heart health. Cold pressed without the use of chemical solvents. ♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Made in USA from domestic and imported ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement

90 Vegetarian Softgels

NOW IN
VEGETARIAN
SOFTGELS

Bluebonnet



Plant-Based Omega-3•6•9

Made with Organic Flax Seed,
Evening Primrose & Borage Oil

Heart Health ♦



Directions: As a dietary supplement, take one vegetarian softgel daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Vegetarian Softgel
Servings Per Container 90

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	2% **
Organic Omega-3,6,9 Oil Blend (organic flaxseed oil, organic evening primrose oil, organic borage oil)	1000 mg	*
Omega-6 (linoleic acid)	320 mg	*
Omega-3 (alpha-linolenic acid)	290 mg	*
Omega-9 (oleic acid)	100 mg	*
Omega-6 (gamma-linolenic acid)	50 mg	*

**Percent Daily Value based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Capsule (modified food starch, glycerin, carrageenan, sorbitol, purified water).

Manufactured for
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