

**Bluebonnet's Chelated Manganese Vegetable Capsules** are formulated with 10 mg of elemental manganese from fully reacted manganese bisglycinate, an amino acid chelate mineral from Albion. Manganese is an essential element that is necessary for supporting bone health.♦

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Minerals are shown in their elemental value.

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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Bluebonnet**



# Chelated Manganese

Bone Health ♦



Dietary Supplement **90** Vegetable Capsules

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 90

Amount Per Serving		% Daily Value
Manganese	10 mg	435%
(as manganese bisglycinate chelate)		

Other ingredients: Vegetable cellulose, capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
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