

Bluebonnet's Chelated Iron 18 mg Vegetable Capsules are formulated with a gentle, non-constipating form of iron known as Ferrochel,[®] a patented, fully reacted chelated ferrous bisglycinate from Albion. Iron is an essential element that is necessary for healthy red blood cell production as well as transferring oxygen throughout the body.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700



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♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet[®]

Chelated Iron 18 mg

Red Blood Cell Production ♦



Dietary Supplement

90 Vegetable
Capsules

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving		% Daily Value
Iron	18 mg	100%
(as ferrous bisglycinate chelate)		

Other ingredients: Vegetable cellulose, capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, Texas 77478 USA
bluebonnetnutrition.com

CAUTION: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control immediately.