

**Bluebonnet's Calcium Citrate Magnesium Vitamin D<sub>3</sub> Caplets** are formulated with calcium in a chelate of calcium citrate and magnesium in a chelate of magnesium aspartate along with vitamin D<sub>3</sub> (cholecalciferol) from lanolin for strong, healthy bones. ♦



**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

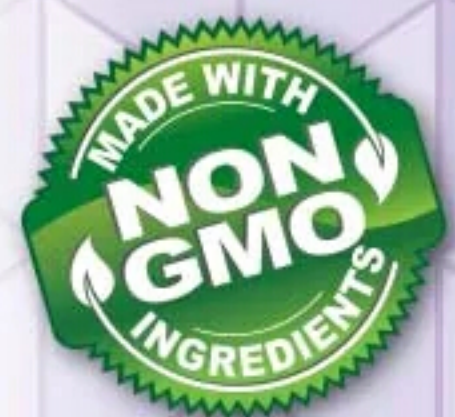
Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Bluebonnet**



# Calcium Citrate Magnesium Vitamin D<sub>3</sub>

**Bone Health** ♦



Dietary Supplement **180 Caplets**

**Directions:** As a dietary supplement, take four caplets once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 4 Caplets  
Servings Per Container 45

| Amount Per Serving                    |         | % Daily Value |
|---------------------------------------|---------|---------------|
| Vitamin D<br>(as cholecalciferol)     | 20 mcg  | 100%          |
| Calcium<br>(as calcium citrate)       | 1000 mg | 77%           |
| Magnesium<br>(as magnesium aspartate) | 400 mg  | 95%           |

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silicon dioxide, vegetable glaze.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
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