

Bluebonnet's Calcium Citrate Magnesium Vitamin D₃ Caplets are formulated with calcium in a chelate of calcium citrate and magnesium in a chelate of magnesium aspartate along with vitamin D₃ (cholecalciferol) from lanolin for strong, healthy bones. ♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Bluebonnet



Calcium Citrate Magnesium Vitamin D₃

Bone Health ♦



Dietary Supplement 90 Caplets

Directions: As a dietary supplement, take four caplets once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 4 Caplets
Servings Per Container 22.5

Amount Per Serving		% Daily Value
Vitamin D (as cholecalciferol)	20 mcg	100%
Calcium (as calcium citrate)	1000 mg	77%
Magnesium (as magnesium aspartate)	400 mg	95%

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silicon dioxide, vegetable glaze.

Manufactured by
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